# Fighting Depression

Personalized Treatment Recomendation for Patients with Depression

## **Problem Statement and Objective**



According to the CDC, 13.2% of the US population is on antidepressants of which 8.6% require a change in therapy because the first prescription resulted in no improvement



The goal is to build a **model** that recommends a treatment for each user that maximizes the probability of effectiveness (probability of patient staying on the medication)

#### Requirements Interpretability Model should be understandable for doctors Consistency Accuracy Always provide Provide sound the same justification recommendation for the for the same recommendation patient

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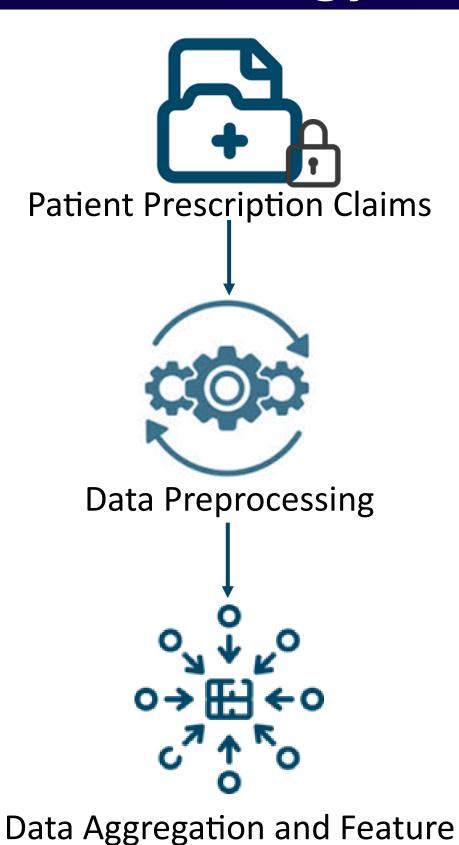
Raghav

Manoharan

Gerardo

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### Methodology



**Connection:** Safe File Transfer Protocol (SFTP) to ensure data security

Patient ID	Medication Prescribed	Covariates (Age, Gender, Diagnosis, etc)	Effective (Target Variable)
1	А		0
1	В	•••	1
2	В		1

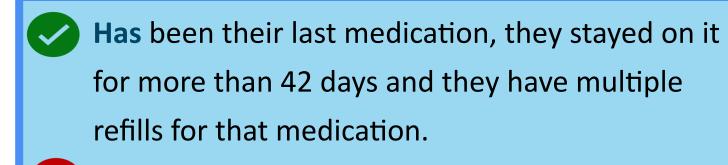
Effectiveness % by medication and diagnosis Size determined by the number of prescriptions Most Prescribed Medications aren't the **most** effective

Medications prescribed based on consistency Specific medications show higher effectiveness across diagnosis

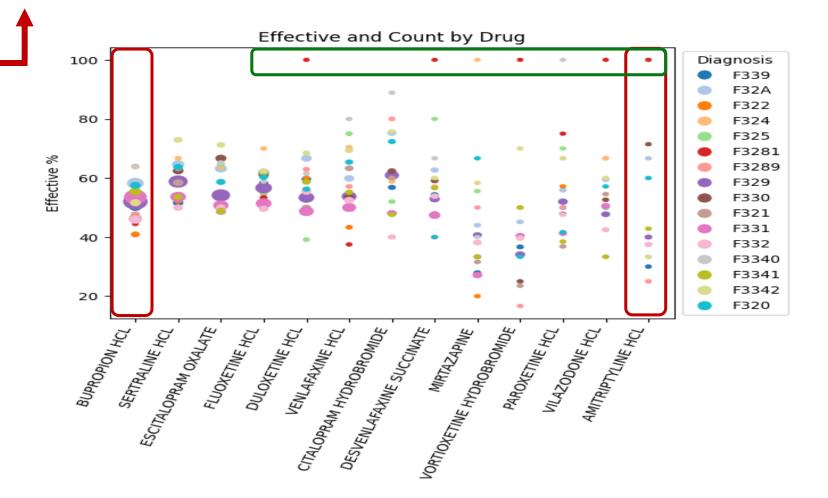
Raw Data: Paid prescription claims for depression medications

cigna

**Effectiveness:** Measures if a patient stays on the medication



Any of the 3 conditions is not satisfied



**Covariate Balance Propensity Model Evaluation** 

Engineering

What? Probability of a patient receiving each medication on their first visit

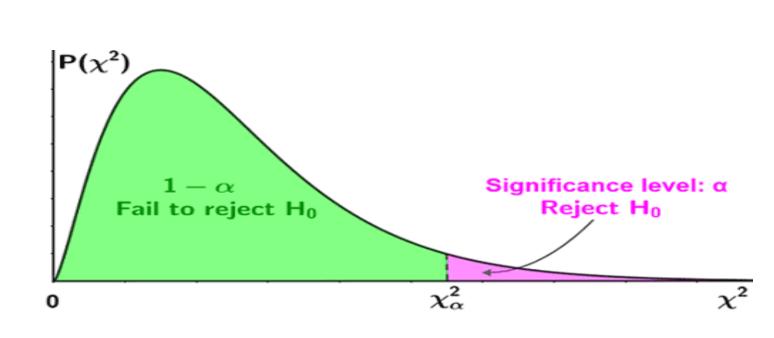
Why? Counteract assignation bias implicit in the data. Reduces the likelihood that observed effects are due to differences in patients rather than the medication

**How?** Grouping patients based on predicted probabilities so feature distributions in each group are independent of medication.

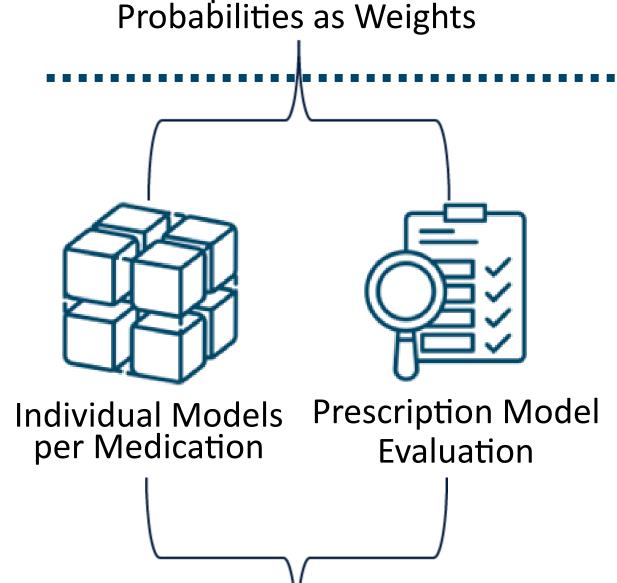
**Covariate Balance** 

Null Hypothesis (Ho): Feature distribution is independent of the medication

Alternative Hypothesis (H1): Feature distribution is dependent on the medication



Feature	% Groups Accepted
Gender	90%
Diagnosis	90%
Provider	80%

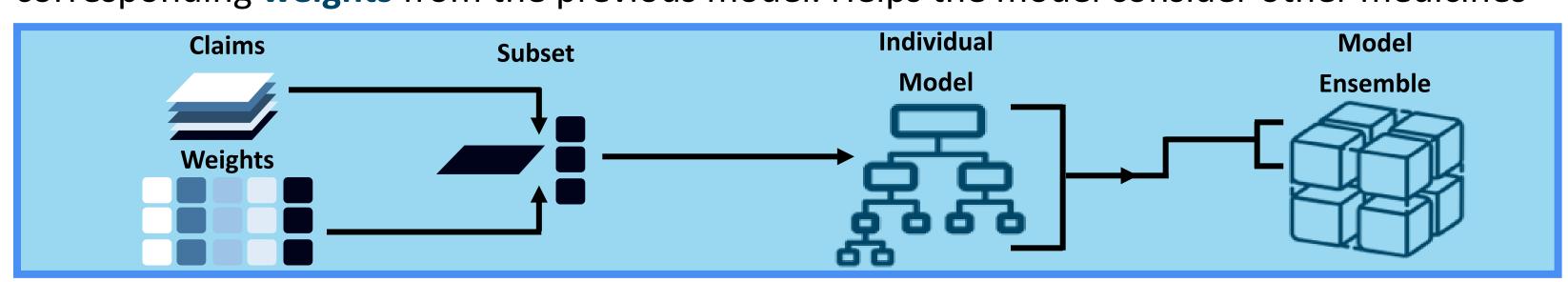


**Optimal Treatment** 

Recommendation

**Incorporate Predicted** 

For each medicine, build a model using the patients who were given that medicine and the corresponding weights from the previous model. Helps the model consider other medicines



For any patient, these models estimate how effective each medication will be and choose the highest one

### Results

**Probability** of the model giving 96% something other than the medications 5%

Mean Average Difference: Between models predictions andnaive effectiveness

**14%** Predicting the same effective medication as the doctor naive

known to be ineffective